



A-SPAN 
Ending Homelessness in Arlington

2016 Report to the Community

A photograph of two women looking at a document together. The woman on the left has blonde hair in a bun with sunglasses on top and is wearing a grey shirt. The woman on the right has dark hair and is wearing an orange top. They are both looking down at a piece of paper held by the woman on the left. The background is a white door.

“Housing is like healthcare. We see dramatic improvements in people’s lives and health as we move individuals from homelessness to a home.”

Kathleen Sibert, A-SPAN President/CEO

Special thanks to David Ostroff **Design Group** for work on A-SPAN’s Report to the Community

A Message From the Leaders of A-SPAN'S Board of Directors

On behalf of the A-SPAN Board of Directors we would like to extend our heartfelt thanks to each of you—our donors, volunteers, and dear friends. Your loyal support helps make the vital work of A-SPAN possible, and this year helped us make more progress than ever towards our goal of ending homelessness in Arlington. In the past year, A-SPAN is proud to have housed 63 homeless individuals and veterans – but it doesn't end there. We stick with them to ensure everyone who moves into an apartment

remains successful in their new home.

The Board of Directors also wants to thank A-SPAN's amazing staff, pictured here, who every day go above and beyond the call of duty, and make miracles happen for our grateful clients.

Fiscal Year 2016 was another record year for A-SPAN, as we grew our revenues to an all-time high, and finished in the black for the 8th year in a row, enabling us to build some financial reserves for future initiatives. We also added key staff positions

to our shelter, medical, kitchen, and housing teams, and were able to move more of our clients into apartments of their own than in any prior year. We were also proud to be part of the effort that made Arlington one of the first communities in the U.S. to end chronic veteran homelessness.

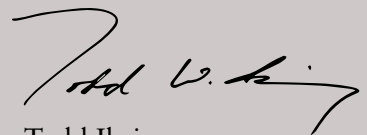
With your help, A-SPAN has become a very strong and effective organization, and a leader among groups in the homeless services field. But, as you know, a great deal of work remains to be done. You

can be assured of this: Our commitment to ending homelessness in Arlington is unwavering. With your support, we will make even more progress toward this goal in 2017.

With Many Thanks,



Jim Whittaker,
Board Chair FY 2015-16



Todd Ihrig,
Board Chair FY 2017



Honor Roll of Donors and Volunteers

(A-SPAN'S 2016 FISCAL YEAR IS JULY 1, 2015 - JUNE 30, 2016)

A-SPAN IS GRATEFUL FOR THE THOUSANDS OF VOLUNTEERS, DONORS AND COMMUNITY SUPPORTERS WHO HELP A-SPAN END HOMELESSNESS IN ARLINGTON.



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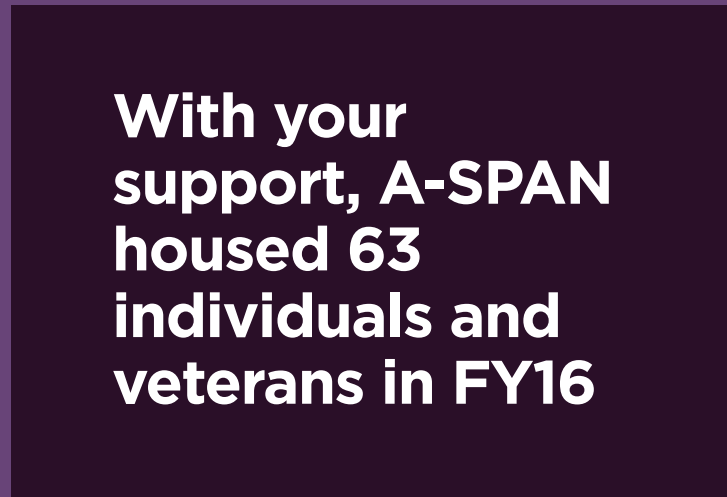
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A-SPAN is celebrating its 25th Anniversary in 2017

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THANKS TO OUR FRIENDS AND PARTNERS IN THE ARLINGTON SCHOOL DISTRICT

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Francis Scott Key Elementary School
H-B Woodlawn Secondary Program
Hoffman-Boston Elementary School
Jamestown Elementary School
Kenmore Middle School
Nottingham Elementary School

Oakridge Elementary School
Our Savior Lutheran School
Randolph Elementary School
Wakefield High School
Yorktown High School

THANKS TO THE FAITH-BASED COMMUNITY FOR THEIR GENEROSITY AND SUPPORT

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BLD Washington Covenant
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Emmanuel Presbyterian Church
Faith Lutheran Church
First Presbyterian Church
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Little Falls Presbyterian Church
Memorial Baptist Church
Mt. Olivet United Methodist Church
Mt. Vernon Baptist Church
NOVA Catholic Community
Our Savior Lutheran Church

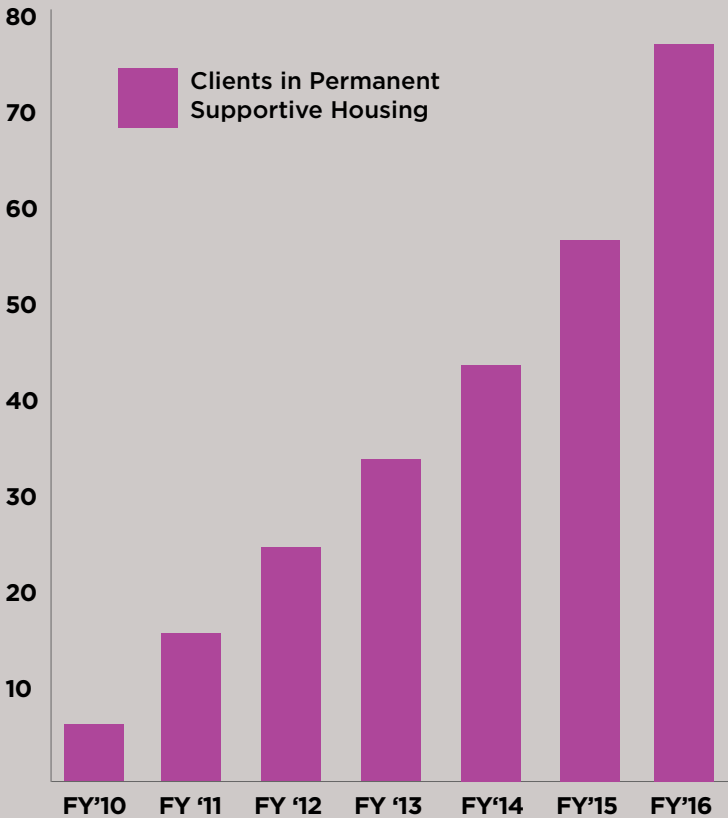
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A-SPAN Financials

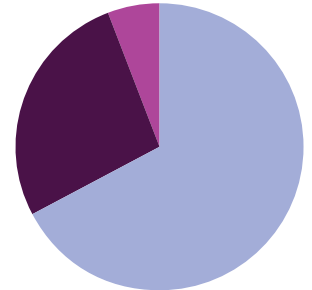
FY 2016: July 1, 2015 - June 30, 2016

Growth: Permanent Supportive Housing From Six in FY 2010 to 74 in FY 2016



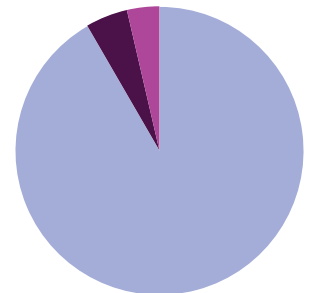
Revenue Fiscal Year 2016 Total Revenue: \$3,814,050

- Government Contracts \$2,614,760
- Grants, Contributions, & Special Events \$979,966
- Donated Goods & Services \$219,324



Expenses Fiscal Year 2016 Total Expenses: \$3,647,280

- Program Expenses \$3,342,686
- Fundraising \$172,418
- Management & General \$132,176



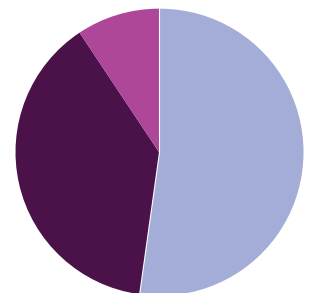
For every dollar you donate to A-SPAN,

92¢

is spent directly on our clients

Government Contracts Fiscal Year 2016 Total Government Contracts: \$2,614,760

- Arlington County \$1,365,186
- Federal Government \$1,005,360
- State Government \$244,214



A-SPAN is independently audited by Rogers & Company. If you would like a copy of an audit, contact Scott Miller at 703-228-7809. Full financial information is available online at www2.guidestar.org.

FY 2016 Volunteers

A-SPAN THANKS THE 1677 VOLUNTEER GROUPS AND INDIVIDUALS WHO WORKED 10,200 VOLUNTEER HOURS IN FISCAL YEAR 2016. Programs like the Homeless Bagged Meal Program and services at the Homeless Services Center would not be possible without their contributions and dedication of time and energy.

Faduma Abdullahi
 Appolinaire Abo
 Priscilla Agyemang
 Daniel Albrant
 Gerelchimeg Altandush
 Advent Lutheran Church
 Sanjay Anand
 William Anderson II
 Chas Andrews
 Jesse Antell
 Omar Bah
 Art Baltrym
 Dawn Barton
 Ex Fide Fortis Men's Group
 Mark Beckler
 Jonathan Beninson
 Yorktown High School
 Niamh Bennett
 Jessica Berg
 Shreya Bhargava
 Tara Bibb
 Laura Biederman
 Shelly Black
 Church of the Covenant
 Natanya Blackwell
 Jennifer Blakeman
 Blair Blunda
 NRECA
 Ronnie Booker
 David Boomsma
 Alexandra Boothe
 Jeff Borghino
 Ann Marie Borkowski
 St. Michael's Episcopal Church
 Sheila Brady
 Joyce A Kozuch Brannon
 Erin Broekhuysen
 Fe' Brown
 St. Ann's Catholic Church
 Donna Budway
 Catherine Buell

Miriam Buono
 Cherrydale Baptist Vacation
 Bible School
 Katherine Caldwell
 Michael Cardinale
 Stevie Carter
 Marissa Chiantella
 John Chirichigno
 St. George's Episcopal Church

Carol Dawson
 Annette Dean
 Judy Deane's Crew
 BLD Washington Covenant
 Allison DeLand
 Megan Dennis
 Frank DeSarbo
 Lauren Dickman

Tiffany Escandar
 Sarah Etherton
 Stacey Ewing
 Volunteers for Change
 Dana Fialova
 Cambridge Associates
 Michele Fleming
 St. Ann's Roman Catholic
 Church
 Ana Fraisse
 Christina Friedli
 WHS Red Cross Club
 Tanya Gant
 Carla Garrett
 Rhc Clarendon Community
 Group
 Zabelle Ghazarian
 Cherrydale Baptist
 Temple Rodef Shalom
 Lightning Reunited
 Winston Gittens
 Episcopal High School
 Unitarian Universalist Church of
 Arlington
 Emily Green
 Emerging Leaders
 William Hanczaryk
 Meade Hanna
 Our Savior Lutheran Church &
 School
 Joel Hayes
 Chris Healey
 Simona Hentsa
 Michaela Herndon
 Ashley Hobbs
 Amanda Holler
 Michael Hollingsworth
 Keith Huck
 Maria Huck
 Wayne Jacobs
 Claude Jennings
 Sarah Jernigan



Melanie Ciaschi
 Charles Clark
 Jody Clarke
 Sandra Cleva
 Arlington Church of Christ
 Joshua Coker
 Sec
 YHS teens
 St. Mary's Episcopal Church
 Eileen Conoboy
 Jennifer Cook
 Mothers Of North Arlington
 Ruth Crawley
 Eva Crowder
 Daniel Cruz
 Scott Cuthbertson

Kate Dorsett
 Dakota Dougherty
 Carolee Doughty
 Morgan Dowdy
 Caitlin Downey
 Atlantic Media
 Michele Duchin
 Carol Duffy Clay
 Jennifer Dunham
 William Dunn
 Jason DuPaul
 Mignon Dwyer
 Mallori Edley
 Mohammed El Alaoui
 Mazza Elzein
 Clarendon Presbyterian Church

Mt. Vernon Baptist Church
Memorial Baptist Church
Bruce Johnston
Betsy Jones
St. Michael's Episcopal Church
Timothy Kelly
Austin Kennedy
Caroline Kennedy
Jean Kenney
Marymount Spirit Of Service
Mustafa Khalili
Kelly Kim
Helen King
Alyssa Kingree
Emily Kipp
Little Falls Presbyterian Church
Kelly Kumar
Charles Ladd
Soumita Lahiri
The Keri Shull Team
Anne Larsen
Robert Silman Associates
McGinn And Company
Church Of The Ascension
Eliza Lavine
Ducie Le
John Lederer
Youngson Lei
Erandi Lelwela
Michael Lindberg
Debra Lindsay
Anna Lipari
Jacobus Lombard
Rebecca Lovelace
Connor Lowden
Key School
Frances Mack
Lissa Maclin
Brittney Manchester
Julie Manes
Jan Martin
Michelle Martin
Kenmore Middle School
Carlos Martinez-Amaya
Ruth Maul
Shkera Maxie
Elvira May
Brian McCauley

Katie McCullough
Lee McDaniel
Regis McDonough
Elizabeth McKie
Maureen McLaughlin
Jean Meek
Greta Menard
Chaya Merrill
Cheryl Meyer
Jessica Cain
Paul Willis
Segue Technologies
Agustina Moppett
Adrienne Moravec
Diego Mostajo
Carlin Springs Yes Club
Michele Mrozek

JBG
Maurita Mulligan
Margeaux Nanfeldt
Erick Needles
Alexander Neuling
Bruce Neuling
Hope Neuling
Barbara Nicastro
Nolan-Styron Community Project
Whitney Odden
Corporate Executive Board
Susan Olson
Ashlawn Elementary School
Rahul Patel
Sujata Paul- De Leede
Virginia Paulus

Silicon Valley Bank
Grace Community Church
Cesar Pena
Genevieve Petro
Matilde Pinto
Richard Platt
Stacey Ponce
Clark Concrete
Joan Porte
Brenda Portillo
Stephen Pottmyer
Gregory Price
Domenic Puzio
Eydie Quisumbing
Charlesworth Rae
St. Charles Borromeo Catholic Church

Mary Schlenker
Sherryl Schoeman
Stacey Schoeman
Arlington Women's Bible Study
Bean, Kinney & Korman
Rachel Schule
Emmanuel Presbyterian Church
Kate Schweigart
St. Andrew's Episcopal Church
Amy Sharp
Katie Sheridan
Kelly Shooshan
Brian Short
Pamela Simmonds
Kendra Slatt
Olivia Smith
Amelva Y Spaine
Laurina Spolidoro
Pillsbury Law Firm
Kevin Steidler
Laura Stout
Amy Strickland
Cynthia Taylor
Nivan Teng
St. John's Community Services
Charles Togan
Catie Torgersen
Mt. Olivet United Methodist Church
Eme Udoh
Michelle Uejio
Chelsea Vajda
Reva Vashist
Anne Vor der Bruegge
Petra Vorwig
Cheryl Warner
Strategic Analysis, Inc.
Ronnie Watson Sr
Faith Lutheran Church
Krista Westmark
Jim Whittaker
First Presbyterian Church
Randolph Elementary School
Walker Chapel United Methodist Church
Kevin Woestman
Jing Yeophantong
Stephanie Zabaneh
Brooke Zimmerman

**1,677 A-SPAN
volunteers provided
over 10,200
volunteer hours
to help homeless
neighbors in need**

Young, Educated and Homeless

IMAGINE THIS, YOU'RE 15 YEARS OLD AND YOU CAN'T GET OUT OF BED. You feel an intense sadness putting pressure on your body pinning you down. You don't know what's wrong and you feel terrified to even tell anyone what's happening to you. You feel so afraid and alone that you decide to take your own life.

This is how Cassandra's story starts, but it does not end there. For Cassandra it was severe major depressive disorder that derailed her dreams. It took a team of people at A-SPAN and the Department of Human Services to help her get back on track.

AN INTEREST IN MENTAL HEALTH

At age 15 she had her first hospitalization and was diagnosed with severe major depressive disorder. That experience in the hospital forever changed her. She decided then that she wanted to become a mental health counselor to change the standards of treatment and how counselors interact with clients. After graduating with a degree in psychology she decided to pursue her master's in mental health counseling.

In her final year of graduate school everything became too much to handle. The intensiveness of her program and the two jobs she had to work in order to attend sparked another major depressive episode. This time it was harder to break



free from the depression. She was forced to drop out of school, lost both her jobs and her apartment which prompted a return to her hometown of Arlington. Cassandra was homeless.

CONNECTING WITH A-SPAN

After some time and deep in depression, she made herself attend a counseling session at Arlington's Department of Human Services. Her counselor helped connect her with A-SPAN. After an intake interview she was found to be a good fit for the housing program. For the first time in months things seemed to be looking up for Cassandra. She was assigned to A-SPAN case manager Rachel and approved for an apartment.

Following her move in and weekly meetings with her Case Manager, Cassandra slowly started getting back into things. Cooking helped her begin thinking about how nutrition, fitness and mental health are connected. She became more deliberate with the foods she ate. With medication and consistent

exercise, she began to notice a difference with herself and her mood.

“When we first met I could barely get her on the phone to check in, she would always be sleeping and didn't want to do much. I have noticed a distinct change in her, she's happier and more talkative.”

– Rachel

This self-improvement reminded Cassandra that her life's goal was to help people. Cassandra created her own ministry that combines fitness with mental health and God. Through her ministry she has learned, and is teaching others to take time with recovery and healing.

Cassandra no longer hides her illness which was contributing to her homelessness, stress and eventual break downs. She shares her story to help people and to combat the stigma of mental illness through her website and YouTube videos.

A-SPAN Highlights

July 1, 2015 - June 30, 2016



New Homeless Services Center (HSC)

HSC is a 24/7 year round resource center

HSC is the first of its kind in the DC metro area

HSC is much more than just a shelter

HSC allows A-SPAN to offer all our services under one roof for the first time

Numbers that Count

A-SPAN provided 1,336 medical visits to 508 individual clients

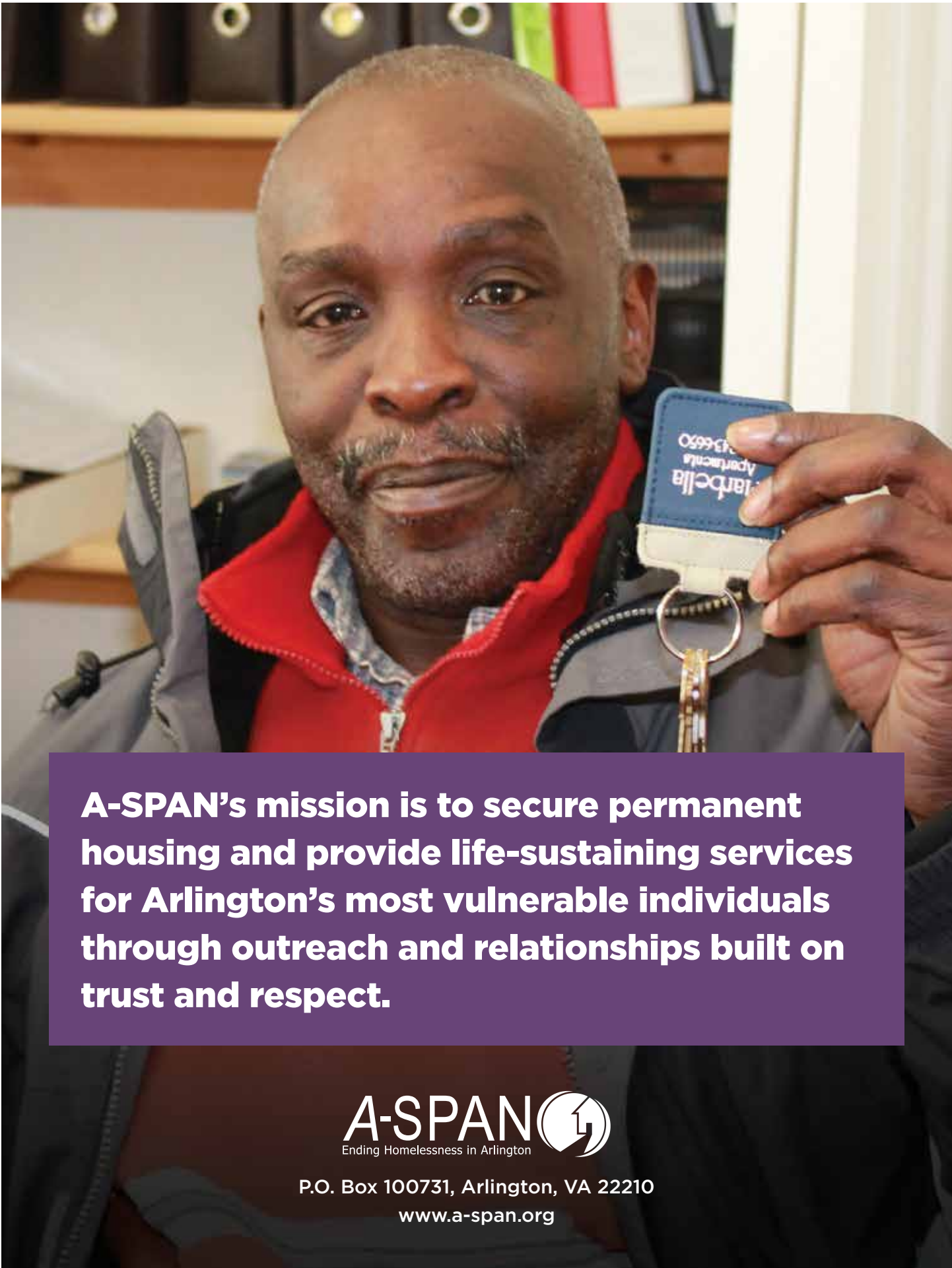
A-SPAN provided 46 individuals with specialized medical respite care



Awards & Recognition

A-SPAN awarded the Board Leadership Award, Center for Nonprofit Advancement

Advancement in Management (AIM)
Honorable Mention Award Winner, Center for Nonprofit Advancement



A-SPAN's mission is to secure permanent housing and provide life-sustaining services for Arlington's most vulnerable individuals through outreach and relationships built on trust and respect.



P.O. Box 100731, Arlington, VA 22210
www.a-span.org