



HOMELESS BAGGED MEAL PROGRAM

The Homeless Bagged Meal Program (HBMP) is a daily program fully supported by volunteers who provide bagged meals and deliver them for distribution at the kitchen of the Homeless Services Center. COVID safety protocols allow us to accept donated bagged meals and prepared meals starting April 1. Meals are to be prepared off-site and delivered to the Homeless Services Center where staff can safely accept them at our open air loading dock.

Starting April 1, we welcome individuals, volunteer groups and organizations to help in the preparation and delivery of these meals. At present, *only A-SPAN staff* will be serving meals to clients inside the Center. Volunteer opportunities and dates for onsite service of meal serving will be announced when COVID safety protocols allow.

HBMP Staff Contact: Porter Lesiv, Administrative Coordinator, Development, plesiv@aspan.org or (703) 228-7815.

For this “purchase and prepare” program, volunteers purchase enough food to make **50-bagged meals**, each containing:

- 2 – Two sandwiches (meat and cheese, toppings optional, no pork please)
- 2 – Two snack items – one savory and one sweet (examples: crackers, soft granola bars, chips, trail mix, etc.)
- 1 – One piece of soft fruit (preferably citrus or a banana though not apples due to dental challenges)
- 1 – One beverage

To make your bags, you will need:

- Masks for all volunteers (if bagged meals are packed in a group setting)
- Food service gloves for all volunteers
- Hand sanitizer (or a sink in which you can wash your hands)
- 12 loaves of bread (enough for 100 sandwiches)
- Sufficient filling for 100 sandwiches with deli meat (no pork, please) and cheese. Lettuce, tomatoes and condiments are optional.
- 50 savory snacks (pretzels, crackers)
- 50 sweet snacks (soft and chewy granola bars, cookies, etc.)
- 50 fruit items (fruit cocktail, apple sauce, bananas or oranges – please no apples)
- 50 individual beverages (bottled water, juice boxes)
- 50 brown paper bags (if needed, 100 additional plastic bags for sandwiches and snacks not individually packaged)

Delivery

- Once the food is prepared and packaged at the volunteer's own facility (home, faith-based organization, office, etc.), the group will deliver the meals to the Homeless Services Center. The Center is open 7-days a week, 24/7. The best time to deliver is between 8:00 am and 8:00 pm.
- The easiest delivery method is the loading dock on Troy Street just behind the front entrance of the Homeless Services Center at 2020A 14th Street North. There you will see the loading dock, which you can pull into. The middle set of double doors has a buzzer you can use to connect with staff that will safely meet you outside to accept the donation.

